



OSHA 30-Hour General Industry

OSHA 10-Hour General Industry

Forklift Operator Safety: Train-the-Trainer

Safety Record Keeping

Safety Audits

OSHA 30-Hour General Industry

Program Overview:

This course will provide awareness training on general industry safety and health topics. It is designed as an entry level course for employees in manufacturing and other general industry areas. Emphasis will be placed on identifying hazards and control measures. Upon successful completion, participants will receive the OSHA General Industry Safety & Health 30 Hour card.

Topics covered:

- Introduction to OSHA, including OSH Act; General Duty Clause; Inspections, Citations and Penalties; Recordkeeping
- Walking and Working Surfaces
- Exit Routes, Emergency Action Plans, Fire Prevention Plans and Fire Protection
- Electrical
- Personal Protective Equipment
- Machine Guarding
- Hazard Communication
- Confined Space
- Lockout/Tagout
- Ergonomics
- Safety and Health Programs
- Intro to Industrial Hygiene
- Hand & Power Tools
- Ladders
- Scaffolds
- Fixed Industrial Stairs
- Compressed Gasses
- Welding, Cutting, & Brazing
- Materials Handling
- Hazard Communication

All participants will receive OSHA certification upon completion of the course.

Who should attend:

HR Managers, Supervisors, Team Leaders, individuals responsible for safety compliance at your facility

Testimonial:

"The presentation and focus of this training will allow our organization to place the proper emphasis on organizational safety processes and develop a proactive process that is clear, concise, and employee driven." - W. Scott Bayha, Interface Solutions

Duration: Five 6.5-hour classes

Location: MACNY Headquarters

Cost: \$1,005/MACNY member; \$1,305/non-member; \$904.50/Individual Member

Facilitator: Mark Sliker

OSHA 10-Hour General Industry

General Industry Outreach Training Program

Program Overview:

This program is primarily intended for individuals who need general knowledge on industrial safety and health. Excellent overview for supervisors and group leaders or human resource professionals with no safety background.

The 10-Hour course emphasizes hazard identification, avoidance, control, and prevention. This training program is provided through the MACNY/OSHA Alliance, whose goal is to help small business develop world-class safety programs.

Topics covered:

- Introduction to OSHA, including OSHA Act; General Duty Clause; Inspections, Citations and Penalties; Recordkeeping
- Walking and Working Surfaces
- Exit Routes, Emergency Action Plans, Fire Prevention Plans and Fire Protection
- Electrical
- Personal Protective Equipment
- Machine Guarding
- Hazard Communication
- Confined Space
- Lockout/Tagout
- Ergonomics
- Safety and Health Programs

All participants will receive OSHA certification upon completion of the course.

Who should attend:

HR Managers, Supervisors, Team Leaders, individuals responsible for safety compliance at your facility

Testimonial:

"This course has taught me to be more aware of my surroundings, communicate safety more with others, zero tolerance for compliance and to lead by example."

Duration: Two 6.5-hour classes

Location: MACNY Headquarters

Cost: \$395/MACNY Member; \$595/non-member; \$355.50/Individual Member

Facilitator: Mark Sliker

Forklift Operator Safety Training: Train-the-Trainer

- Do you know what OSHA 1910.178 says about your responsibility concerning the operation of “powered industrial trucks” within your facility?
- Did you know that a powered pallet truck is included in the regulation concerning training your employees?

Topics covered:

- Component identification of all controls
- Various driving characteristics of the forklift
- The stability triangle and the tip factor
- How a forklift differs from a car and what is involved in stopping a forklift truck
- How to perform the “daily checklist” that is required under OSHA standards
- How to read the data tag and what to do if the forklift tips over
- Safe driving rules and OSHA mandates
- Safe handling of various fuels that power the forklift
- Proper recordkeeping

All participants will be provided with a certificate of completion for their files.

Retraining is recommended every three years.

Who should attend:

Individuals responsible for Safety Training or Forklift Training at your facility

Testimonials:

“The class was very informative. Dave was very knowledgeable of the OSHA laws and regulations. Would recommend to other people to attend.” - Lynn Aldrich, Nucor Steel

“I found Dave to be able to keep peoples’ interest by involving them in examples of the material he was covering. An overall great presentation.” - William DeCoursey, Bomac Inc.

Duration: One 6.5-hour class

Location: MACNY Headquarters

Cost: \$300/MACNY Member; \$500/non-member; \$270/Individual Member

Facilitator: Dave Bennett

Safety Record Keeping

Maintaining OSHA injury and illness records

- Do you have all your permits and records up-to-date?
- How long do you have to retain certain records?
Are your records complete with employee training, exposures, etc.?
- What are the OSHA Standards?

Program Overview:

Are you frustrated with the daunting task of maintaining a log of injuries and illnesses? Do you have questions about what should or should not be on an OSHA log? Have you tried to understand the OSHA record keeping standard, but find it confusing? This class has been designed to help both non-safety professionals and Safety Managers who have the responsibility of maintaining OSHA records and understanding of OSHA’s record keeping standard, learn about the latest in interpretive letters, and get the latest most comprehensive information about maintaining injury and illness logs and reporting requirements.

Who should attend:

Safety Managers, Supervisors, Team Leaders, trainers or individuals responsible for Safety compliance at your facility

Testimonial:

“Very knowledgeable about OSHA record keeping.” Sharon Guinane, Pall Trinity Micro

Duration: One 4-hour class

Location: MACNY Headquarters

Cost: \$195/MACNY member; \$395/non-member; \$175.50/Individual Member

Facilitator: Mark Sliker

Safety Audits

- Are you certain your facility would pass a safety audit?
- How effective is a Safety Audit in reducing risk to employees?
- What are the proper things to look for?

Program Overview:

Learn how and when to conduct a safety audit within the workplace. Find the hidden hazards and get a jump on an OSHA inspection. This presentation will cover the methodology of an audit, what OSHA inspectors are trained to look for and how to encourage employees to engage in the process. Some of the tools of the trade will be reviewed and how to obtain them. The program will also cover the four basic hazards that OSHA focuses on.

Who should attend:

HR Managers, Supervisors, Team Leaders, individuals responsible for Safety compliance at your facility

Duration: One 4-hour class

Location: MACNY Headquarters

Cost: \$195/MACNY member; \$395/non-member; \$175.50/Individual Member

Facilitator: Mark Sliker

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of our classes, please visit our
Event Calendar at
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