



Financial Wellness at Work

Offering Financial Wellness Days and Lunch and Learn Seminars



Financial Wellness Days

We bring the credit union to you! An AmeriCU employee can be on-site to help your employees:

- Open accounts
- Enroll in direct deposit
- Review their credit reports
- Discuss budgeting and financing options
- and more!

Lunch and Learn Seminars

We offer free, on-site financial presentations on a variety of topics, with lunch provided! Topics include:

- | | |
|--------------------------|----------------------------|
| • Debt Management | • Identity Theft |
| • Auto Buying | • Home Buyers |
| • Budgeting | • Insurance* |
| • Understanding Credit | • Medicare* |
| • Benefits of Membership | (see reverse for details!) |

For more information or to enroll, contact your Member Partner Advisor



www.americu.org | 800.388.2000

AmeriCU Credit Union is an Equal Housing Lender.
Membership restrictions apply. Insured by NCUA.



*AmeriCU Services, LLC is affiliated with AmeriCU Credit Union. The purchase of insurance from AmeriCU Services, LLC is not required to obtain credit or other services from AmeriCU Credit Union. Insurance products are not credit union deposits and are not NCUA insured, nor are they obligations of or guaranteed by AmeriCU.

Lunch and Learn Seminars

Debt Management

The pros and cons of credit, the warning signs you have too much debt, the steps to tackle it, and how to improve your credit report and score!

Auto Buying

How to determine how much car you can afford, how to negotiate the best possible price, and a review of financing options and warranties!

Benefits of an AmeriCU Membership

Learn all about AmeriCU products and services, membership eligibility, and how to become an AmeriCU member!

Budgeting

Useful tips for setting up a spending plan, tracking your spending, setting short and long-term goals, and how to save!

Understanding Credit

What makes up your score, how to improve your credit report, how to build a solid credit history, and tips for using credit wisely!

Identity Theft

How to minimize the risk of identity theft, ways your personal information is gathered, how to protect against it, and what to do if you've had your identity stolen.

Home Buyers

Tips for first time home buyers, learning if you're ready for a home, how much home you can afford, and how to get pre-qualified or pre-approved!

Insurance*

Simplifying insurance and the various forms of coverage, ensuring you are properly covered, and what discounts you might be eligible for.

Medicare*

Educational seminar on what Medicare is, what it means for you, what coverage options are available, and how best to assess your Medicare options, needs and benefits.